



HELA NATURE FOODS (PRIVATE) LIMITED

PRODUCT CATALOGUE



2024



HELA NATURE FOODS (PRIVATE) LIMITED

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HELA NATURE FOODS (PRIVATE) LIMITED

Our Company

Hela Natural Foods (Private) Limited is a Sri Lankan company established with the intention of introducing healthy food products to every corner of the world while enhancing the recognition of Sri Lanka for its natural world-class spices & natural drinks. We at Hela Nature Foods (Private) Limited always get the best materials from our suppliers with trusted quality as the quality of food is the most important core value of the company.

We believe in customer satisfaction & actively engaged to fulfill at the maximum while maintaining superior customer service at a reasonable price.

Our products are always manufactured with higher quality, ensuring the best quality at all production stages, and ensuring that our products are free of non-permissible chemicals.

We at Hela Nature Foods (Private) Limited, are proud to bring forward the authentic Sri Lankan food culture to the world with modern technology to make our customers feel the cool of nature with our value-added products.

Welcome to the Hela Nature Foods
Family

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water (Pure)



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with Cinnamon



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with CINNAMON taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with Ginger



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with **GINGER** taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with Green Tea



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with **GREEN TEA** taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with LemonGrass



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with **LEMONGRASS** taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with Mango



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with **MANGO** taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with PineApple



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king

with PINEAPPLE taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut water with Tumeric



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

- Packaging: 350ml
- Shelf life :24 months
- pH Value : 4.5-4.8
- Ordour/Colour/ Taste : Characteristic to colour of king coconut water

with **TUMERIC** taste



HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

King Coconut NUTS



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

Packaging: NUTS in a Box (6 Nuts in a Box)

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products

Coconut/ King Coconut Products

Young Coconut NUTS



Derived from the wonder fruit itself, coconut water is the sweet and nutritious drink that is found inside the kernel of the coconut. This is mostly tapped from the young, healthy, and green coconuts, which are considered to be more nutritious.

Coconut water is mostly consumed as a natural refreshment. It contains a sweet and nutty taste. The taste and refreshing factors aside, coconut water is mostly consumed for the health benefits it delivers.

Health Benefits of King Coconut Water

- Hydration at its best
- Rich with antioxidants
- Helps fighting diabetes
- Helps to prevent kidney stones
- Helps to treat dry and sensitive skin
- Helps to fight acne
- Reduces signs of aging

Package Details

Packaging: NUTS in a Box (6 Nuts in a Box)

Our Products

Cinnamon



Product Details

As one of the first traded spices in the world, Cinnamon holds a strong position when it comes to the world of spices. Cinnamon comes in two types namely, Ceylon Cinnamon and Cassia Cinnamon. The cinnamon that hails from Sri Lanka maintains a strong reputation in the world market due to the unique chemical properties it possesses when compared to other varieties.



Quils
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Cardamom



Product Details

Popularly known as 'Queen of Spices' as opposed to Black Pepper hailed as 'King of Spice', Cardamom, sometimes spelt as cardamon or cardamom. Cardamom pods are spindle-shaped and have a triangular cross-section. The pods contain a number of seeds, which are small and black, while the pods differ in colour and size by species. Due to the unique flavour of green cardamom cultivated in Sri Lanka, formed by the country's unique terroir, green cardamom produced in Sri Lanka is known as Ceylon Cardamom.



Whole grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom



Seed (with out Pod)
100g / 300g/500g/custom

Our Products

Cloves



Product Details

Best known as a sweet, aromatic spice, Cloves are actually flower buds that grow in the Clove tree, which is scientifically known as *Syzygium aromaticum*. The ground cloves can also be known as the powdered version of cloves. Cloves consist of high capacity of oil content. This oil which gives cloves their fragrance is known as Eugenol. Cloves from Sri Lanka, identified with its geographical indication of Ceylon Cloves, are available as clove oil and clove pods.



Whole Grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Coriander



Product Details

A delicate herb found in almost every vegetable garden in Sri Lanka Coriander has been a staple in Sri Lankan cuisine for centuries. Traditionally both the Coriander seeds and leaves have been utilized as a stimulant and spice or for its medicinal properties against upset stomachs, nausea, bacterial infections and more. As a spice coriander seeds are known for containing a rather spicy citrus flavour, when used in culinary prospects the seeds are first roasted and ground into a fine powder to use in broth-based dishes and is an essential ingredient in Sri Lanka Curry powder.



Whole grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Our Products

Cumin



Whole Grain
100g / 300g/500g/custom

Product Details

The most common variety of cumin traded around the world is of the yellow-brown variety which is used for the preparation of dishes while other varieties such as the sweeter black cumin often seen used in the making of dessert. As a flavouring medium cumin is often used in roasted or ground form, toasting the cumin seeds has been found to be the most successful method of releasing their warm earthy aroma and sweet-spicy flavour that lends itself as an excellent accompaniment for vegetable curries or meat-based dishes.



Powder
100g / 300g/500g/custom

Curry Powder



Powder
100g / 300g/500g/custom

Product Details

Most of Eastern curry powders are made by grinding coriander, cumin, turmeric, cinnamon, dill, sweet cumin, chilli, ginger, curry leaf, mustard, garcinia, clove, black pepper, garlic, screw pine, lemon grass and cardamom into a mixture, and are usually used in preparation of vegetables, lentils and yams.

Our Products

Curry Leaves Powder



Product Details

Curry leaves or 'Karapincha' as referred to by locals come from a commonplace plant that can be found in almost any Sri Lankan home garden. These freshly plucked leaves give out a strong fragrance when tempered making them an ideal seasoning. As the name suggests, Curry leaves are an excellent addition to curry-based dishes that dominate Sri Lankan and Eastern cuisines. Curry leaves are most effective when freshly plucked, which lead to them being grown in many home gardens bringing a variety of medicinal properties against liver diseases, cholesterol etc. heights.



Dried Leaves
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Our Products

Dried Lemon



Product Details

Dehydrated citrus not only looks cool, it also helps prevent food waste because you're able to use citrus much longer than its typical shelf life.

Dried lemon, like fresh lemons, offers several potential health benefits due to its nutrient content.



Dried Slices
100g / 300g/500g/custom

Our Products

Fenel Seeds



Product Details

Fennel seeds are harvested from the fennel plant's flowers and then dried. They tend to be pale green to tan in color with an oval shape. Like the fennel bulb, they have a sweet, licorice-like flavor that can lend an earthy, sweet taste to dishes, and they pair especially well with seafood and pork.



Whole Grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Fenugreek Seeds



Product Details

Fenugreek is a clover-like herb native to the Mediterranean region, southern Europe, and western Asia. Its seeds, which smell and taste like maple syrup, have been used in cooking and as medicine. Fenugreek is used as an ingredient in spice blends and a flavoring agent in foods, beverages, and tobacco. Fenugreek extracts are also used in soaps and cosmetics.



Whole Grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Our Products

Garlic



Product Details

While Garlic has been named both a herb and spice, it is actually a root vegetable! Garlic has vegetable characteristics because it has a bulb, tall stem, and long leaves. However, it is used more like a spice or herb than as a vegetable. It is usually added to dishes in minimal amounts



Whole Granules
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Ginger



Product Details

Ginger, the "root" or the rhizome, of the plant *Zingiber officinale*, has been a popular spice and herbal medicine for thousands of years. It has a long history of use in Asian, Indian, and Arabic herbal traditions. In China, for example, ginger has been used to help digestion and treat stomach upset, diarrhea, and nausea for more than 2,000 years. Ginger has also been used to help treat arthritis, colic, diarrhea, and heart conditions.



Powder
100g / 300g/500g/custom

Our Products

LemonGrass



Product Details

Lemongrass is a plant in the grass family. There are over 100 lemongrass species, including *Cymbopogon citratus*, which is often used in foods and medicine.

Lemongrass is an important culinary herb in tropical Asia. Lemongrass has a light, refreshing, lemony flavor without the bitterness that lemon rind can have and with a hint of ginger.



Powder

100g / 300g/500g/custom

Our Products

Mustard



Product Details

It is considered an oil crop but is generally a healthy spice. It is rich in minerals, vitamins and antioxidants.

The seeds, which come from the mustard plant, can be used whole, ground into mustard powder, or partially crushed to create different textures. Water, vinegar, wine, and lemon juice are common liquids used in mustard recipes.



Granules
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Moringa Leaves Powder



Product Details

Moringa is a tree with antioxidant and anti-inflammatory properties. Also known as the drumstick tree, the miracle tree, the ben oil tree, or the horseradish tree, people have used moringa for centuries due to its health benefits.

Moringa has many important vitamins and minerals. The leaves have about as much potassium as a banana, and about the same amount of vitamin C as an orange. It also has calcium, protein, iron, and amino acids, which help your body heal and build mus-



Powder
100g / 300g/500g/custom

Our Products

Nutmeg



Product Details

Nutmeg prefers cooler climates, so it is mainly cultivated in Sri Lanka's central regions – in the districts of Matale, Kegalle and Kandy. Just like with Ceylon Tea, and other varieties of spices; Nutmeg, grown in Sri Lanka has developed an intricate chemical composition and a flavour complex based on the unique terroir of the country, and is identified under the geographical indication of Ceylon Nutmeg.



Whole Grain
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Our Products

Onion



Product Details

Onion (*Allium cepa*) is a plant that is grown worldwide. The onion bulb is commonly eaten as food. Onion bulb and extract are also used to make medicine. Onion contains chemicals that seem to reduce swelling and lung tightness related to asthma.



Powder
100g / 300g/500g/custom

Our Products

Pepper



Product Details

Hailed as the king of spices, pepper, the most consumed spice in the world, is taken from the berries of the plant *Piper nigrum*. Ceylon Pepper is particularly favoured worldwide as it is quite rich in piperine, the alkaloid which lends it a distinct pungency. Black pepper is widely used as a 'hot' cooking spice and seasoning. The taste of Sri Lankan black pepper is richly aromatic, with floral and citrus notes, while retaining a strong pungency.



Whole Grain
100g / 300g/500g/custom



Granules
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom

Our Products

Tumeric



Product Details

Turmeric is a common spice that comes from the root of *Curcuma longa*. It contains a chemical called curcumin, which might reduce swelling.

Turmeric has a warm, bitter taste and is frequently used to flavor or color curry powders, mustards, butters, and cheeses. Because curcumin and other chemicals in turmeric might decrease swelling, it is often used to treat conditions that involve pain and inflammation.



Powder

100g / 300g/500g/custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

Butterfly Pea Flower Tea



Product Details

Also known by its scientific name, *Clitoria ternatea*, the butterfly pea is a plant native to Asia. You may recognize it by its striking, vibrant blue flowers. It is also rich in anthocyanins, which are the antioxidant compounds responsible for its unique color. For this reason, manufacturers may use butterfly pea flower in cosmetics or as a natural dye for foods, drinks, and textiles. The flowers are also commonly brewed into an herbal tea, often alongside ingredients like lemongrass, honey, and lemon.



Dried Flowers
100g / 300g/500g/custom



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

Gotukola Tea



Product Details

From the ancient Gotukola is a popular leafy vegetable among Sri Lankans. Because of its characteristic specific flavor. It has medicinal values and rich in iron. Therefore it has high market demand.



Dried Leaves
100g / 300g/500g/custom



Powder
100g / 300g/500g/custom



Tea
45g / 90g/ custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

Moringa Tea



Product Details

Moringa is a tree with antioxidant and anti-inflammatory properties. Also known as the drumstick tree, the miracle tree, the ben oil tree, or the horseradish tree, people have used moringa for centuries due to its health benefits.

Moringa has many important vitamins and minerals. The leaves have about as much potassium as a banana, and about the same amount of vitamin C as an orange. It also has calcium, protein, iron, and amino acids, which help your body heal and build mus-



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

Lotus Flower Tea



Product Details

Lotus is a plant that grows in lakes and rivers. The flowers, seeds, leaves, and parts of the underground stem (rhizome) are used to make medicine. People use lotus for bleeding, cough, fever, liver and stomach problems, and other conditions.



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

Ginger Tea



Product Details

Ginger, the "root" or the rhizome, of the plant *Zingiber officinale*, has been a popular spice and herbal medicine for thousands of years. It has a long history of use in Asian, Indian, and Arabic herbal traditions. In China, for example, ginger has been used to help digestion and treat stomach upset, diarrhea, and nausea for more than 2,000 years. Ginger has also been used to help treat arthritis, colic, diarrhea, and heart conditions.



Tea
45g / 90g/ custom

Thebu Leaves Tea



Product Details

Thebu leaves Thebu (*Costus speciosus*) leaves are consumed as mallum, sambol in Sri Lankan context. It has similar taste like gotukola. The alkaloids of this plant have anticholinesterase activity both in vivo and in vitro. Other than that, it can reduce the total serum cholesterol level, triglycerides and LDL cholesterol level



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

Hibiscus Flower



Product Details

Hibiscus is a flowering plant that belongs to the family Malvaceae, also known as mallow family. The Hibiscus flowers are large and showy, and the genus grows into herbs, shrubs or small trees. There are more than hundred species found that are used throughout the world as food and medicine. People have used it to make extracts, teas, and supplements. In traditional medicine, people use hibiscus preparations to treat ailments such as liver problems and high blood pressure.



Dried Flowers
100g / 300g/500g/custom



Tea
45g / 90g/ custom

Rose Flower



Product Details

A rose is either a woody perennial flowering plant of the genus Rosa, in the family Rosaceae, or the flower it bears. There are over three hundred species and tens of thousands of cultivars. It helps to, eases uncomfortable PMS symptoms, can boost your mood, supports your immune system, acts as a natural aphrodisiac, used to treat acne naturally.



Dried Flowers
100g / 300g/500g/custom



Dried Petals
100g / 300g/500g/custom



Tea
45g / 90g/ custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

HeenBovitiya Flower



Product Details

Heenbovitiya is an indigenous tree in Sri Lanka. Through out the history, Heenbovitiya leaves, bark, roots have been used as medicines to treat illnesses such as Diabetic, Piles, Cholestrol, Liver diseases. At some occations, it is recommend-ed to consume as a curry as a treatment to Hepatitis patients.



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

BeetRoot Powder



Product Details

Beetroot is a root vegetable also known as Beta vulgaris rubra or red beetroot. The leaves and roots of beets are packed with nutrition, including antioxidants that fight cell damage and reduce the risk of heart disease. They're one of the few vegetables that contain betalains, a powerful antioxidant that gives beets their vibrant color. Betalains reduce inflammation and may help protect against cancer and other diseases. Beetroot can lower the blood pressure, help to prevent heart diseases and stroke, boost the immunine systems and much more.



Tea
45g / 90g/ custom



Powder
100g / 300g/500g/custom

HELA NATURE FOODS (PRIVATE) LIMITED

Our Products / Herbs & Herbal Tea

Neem Leaf



Product Details

Neem, fast-growing tree of the mahogany family (Meliaceae), valued as a medicinal plant, as a source of organic pesticides, and for its timber. The plant has long been used in Ayurvedic and folk medicine and is used in cosmetics and in organic farming applications. Neem leaves have long been used as a traditional treatment for diabetes, and there is some clinical evidence suggesting that it may help control blood sugar levels. **Neem oil and neem bark and leaves are unsafe for consumption by pregnant women and can cause miscarriage.**



Tea
45g / 90g/ custom

LemonGrass Tea



Product Details

Lemongrass is a plant in the grass family. There are over 100 lemongrass species, including *Cymbopogon citratus*, which is often used in foods and medicine. Lemongrass leaf and essential oil contain chemicals that might help prevent some bacteria and yeast from growing. Lemongrass tea can help to relieve anxiety, lower the cholesterol levels, prevent infections, boosting red blood cells.



Tea
45g / 90g/ custom

HELA NATURE FOODS (PRIVATE) LIMITED

Packagings for Spices / Herbal Tea / Natural Drinks

113 grams



300 grams



500 grams



350ml Bottle



Herbal Tea Packs



HELA NATURE FOODS (PRIVATE) LIMITED

